

# IGSA Sport Water Polo 2024 - Risk Assessment Hazard Checklist

Type Of Activity	Water Polo matches	Assessment Date	19/12/2023
Assessed By	Kate Howitt		
Locations	Various	Activities	Year 7 – 12 Water Polo Matches

1	INDOOR HAZARDS	1
1.1	Inappropriate lighting	
1.2	Temperature	
1.3	Insufficient or unsuitable space	
1.4	Untidiness – causing trip / fire hazard	Y
1.5	Stairs – dark / steep / no handrail	
1.6	Lack of fire escapes / extinguishers / procedures	
1.7	Slip / trip / fall hazards	Y
1.8	Inadequate ventilation	
1.9	Inhalation of dust	
1.10	Poor surfaces for activities – slips / trips / impact	Y
1.11	Electrical hazards	
2	SPORTING ACTIVITY HAZARDS	
	SPORTING ACTIVITY HAZARDS	
2.1	Uneven playing surface	
2.2	Playing surface too hard or soft	
2.3	Hard or sharp objects on pitch	
2.4	Sliding on Astroturf or similar surface	
2.5	Collisions / Conflict with surrounding	Y
2.3	objects or people	1
2.6	Impact from sports equipment - Ball or Clubs	Y
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y
	HAZARDS ON COASTS & COASTAL	
3	WATERS	
3.1		
J.1	Falls from cliffs, piers, sea walls	
3.2	Falls from cliffs, piers, sea walls Struck by falling objects from cliff	
3.2	Struck by falling objects from cliff	
3.2 3.3	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces	
3.2 3.3 3.4	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud	
3.2 3.3	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces	
3.2 3.3 3.4	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach	
3.2 3.3 3.4 3.5	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users	
3.2 3.3 3.4 3.5 3.6 3.7	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users Swept away by wave surges	
3.2 3.3 3.4 3.5 3.6 3.7 3.8	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users Swept away by wave surges Being washed against rocks / piers	
3.2 3.3 3.4 3.5 3.6 3.7 3.8 3.9	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users Swept away by wave surges Being washed against rocks / piers Low water temperatures	
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3.2 3.3 3.4 3.5 3.6 3.7 3.8 3.9 3.10 3.11 3.12 3.13	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users Swept away by wave surges Being washed against rocks / piers Low water temperatures Communication problems from waves / swell / distance Struck by objects in water Stranded by tides Swept away by currents	
3.2 3.3 3.4 3.5 3.6 3.7 3.8 3.9 3.10 3.11 3.12 3.13 3.14	Struck by falling objects from cliff Slips & falls on slopes / loose surfaces Quick sand & mud Access problems due to steep angle of beach slope Collisions between water users Swept away by wave surges Being washed against rocks / piers Low water temperatures Communication problems from waves / swell / distance Struck by objects in water Stranded by tides Swept away by currents Rip tides	
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5	HAZARDS ON HILLS AND MOUNTAINS	
5.1	Slips & trips on grass, mud, rock	
5.2	River crossings	
5.3	Remote locations	
5.4	Difficult communication – weather /	
	distance	
5.5	Falling debris	
5.6	Extra work imposed by terrain type / angle	
5.7	Lack of shelter	
5.8	Separation of group members	
5.9	Getting lost	
5.10	Falls from height	
5.11	Extremes of weather	
6	PEOPLE & ORGANISATIONAL HAZARDS	
6.1	Lack of information, training or	Y
	instruction	
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment	Y
	and experience	
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.11	Lack of cooperation within group	Y
6.12	Differing skill levels within group	Y
6.13	Low level of physical fitness / strength	Y
6.14	Aggression between participants	Y
6.15	Aggression from crowd / public	Y
6.16	Contact between participants increasing risk	Y
7	EQUIPMENT AND OTHER HAZARDS	
7.1	Crash handling	
7.2	Transport to and from your activity	Y
7.2		
	Food poisoning	
7.4	Hazardous substances	-
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	
7.9	Risk of trapping body / clothing in equipment	
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y
	1	

#### 7.12 | Equipment in unsuitable condition

4	HAZARDS ON STILL / MOVING WATER	
4.1	Getting swept away from equipment or people	
4.2	Collision with rocks in and to sides of rivers	
4.3	Striking / trapping by submerged obstacles	
4.4	Being dragged down by undertow	
4.5	Restricted or impossible access to / from water	
4.6	Access problems – rescue / getting kit into water	
4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	Y
4.10	Separation from other people	
4.11	Slips / trips on steep banks or uneven surfaces	
4.12	Difficult communications	
4.13	Remote locations	

8	OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY	
8.1	Sunsense & Dehydration	Y
8.2	Lightning	Y
8.3	Unattended children	Y
8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

## IGSA Sport Risk Assessment – Water Polo

Orgnanisation NameIGSA SportNumber of persons involved1250Nature of ActivityWater Polo MatchesFrequency of ActivityWeeklyAssessed ByKate HowittDate19/12/2023

Hazard Ref.	Potential Effect	Existing Controls in Place	Hazpak	Further Controls Required?	Who By	When
1.4 1.7 1.10	Trip during practice or games on slippery surrounding surface. Possible problems with tiled surface on bottom of pool, slippery or uneven	No running around pool area, all spectators should be seated when possible away from pool area. Players should be encouraged to stay off the bottom of the pool and take care in the shallow end.	5	Report any concerns to the pool management or local council	Pool management Council	Term 1 and 4, Saturdays
2.6 2.7 2.8	Impact from sports equipment - Ball	Players are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct. If serious injury does occur then an ambulance must be called immediately by the venue convener.	3	Code of Conduct and Risk warning available at venue for all to read.	IGSA Sport Venue Convener Coach / manager	Term 1 and 4, Saturdays
4.9	Low water temperature	Pool management to monitor temperatures throughtout the week and on Saturday mornings. If water is too cold, matches can be cancelled if there is no chance the water will warm up in time.	4		Venue managers, conveners	Term 1 and 4, Saturdays
6	Lack of co operation from people at venue and lack of game knowledge and understanding of rules and procedures	Players, coaches and spectators are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct. All games are controlled by the best available referees under the NSW Water polo guidelines and IGSA Sport handbook.	4	Venue conveners online seminar and meetings with Heads of Sport	IGSA Sport Venue Convener / coach / manager	Pre season training and Term 1 and 4, Saturdays
7.2	Transport to and from your activity	Responsibility is with the students' school and or parents.	N/A		School staff	
7.11	Inadequate protective equipment	Players are advised to wear appropriate equipment as required by the state and national sporting associations.	5		School Staff Referees	Term 1 and 4, Saturdays
8.1	Sun Sense and dehydration	All competitors reminded to Slip, Slop, Slap before commencing (relevant to outdoor venues). All students are expected to bring their own water bottles.	5		Individual school Coach / manager / students	Term 1 and 4, Saturdays

Hazard Ref.	Potential Effect	Existing Controls in Place	Hazpak	Further Controls Required?	Who By	When
8.2	Lightning	Players to be advised that at the first sign of local thunder or lightening they are to abandon the round and move undercover (relevant to outdoor venues). Venue conveners to indicate when or if play is to resume	5	Apply the 30/30 rule	IGSA Sport Venue Convener Coach / manager	Term 1 and 4, Saturdays
8.3	Unattended children	Venue conveners and/or schools are to take responsibility for children without supervision.	3	Venue conveners informed of this in online seminar.	IGSA Venue Convener School Staff	Every term

 ${\tt HAZPAK}$  ratings follow the WorkCover NSW guidelines to assist businesses to manage risks to health and safety

	Very likely Could happen any time	<b>Likely</b> Could happen sometime	<b>Unlikely</b> Could happen but very rarely	Very unlikely Could happen, but probably never will
Kill or cause permanent disability or ill health	1	1	2	3
Long term illness or serious injury	1	2	3	4
Medical attention or several days off school or work	2	3	4	5
First aid needed	3	4	5	6

## IGSA Sport Water Polo Risk Assessment 2024

**Date:** 19/12/2023

Level of Competition: Interschool Water Polo

Year level/s: 12-19yrs

Organisers to check the following:

Conoral	VEC	NT/A
General	YES	N/A
Permission has been obtained from parents/guardians for all students participating	Y	
Adequate coaches and staff are attending providing appropriate levels of supervision	Y	
for competitors and spectators		
Parents have been notified of location of venue, transport arrangements and time	Y	
involved		
First Aid Kit Available	Y	
Water is available for students at the venue	Y	
Ice is available	Y	
Students have been advised of personal sun protection requirements	Y	
A Risk Assessment has been completed	Y	
Participants & Officials		
Risk Warning has been published where it is likely parents and players will read it	Y	
Students are well informed of safety & rules	Y	
Wet weather & extreme heat guidelines have been given to each player	Y	
Venue closure app and website address have been given to each player	Y	
Equipment / Grounds		
Only appropriate grounds are used	Y	
Equipment has been checked	Y	
Venue audit has been carried out by Venue Convener	Y	

#### Environmental

Coach/manager has agreed that venue is safe for play

Weather conditions appropriate for the safe conduct of the event	Y	
Play cancelled if needed	Y	