

IGSA Sport Hockey 2026 – Risk Assessment Hazard Checklist

Event Name	IGSA Sport Hockey Trials (15&U / 19&U)	Assessment Date	19/01/2026
Assessed By	Lizzie Ramsay	Approved By	
Location	SOP Hockey Centre	Event Date	23/03/2026

1 INDOOR HAZARDS		
1.1	Inappropriate lighting	
1.2	Temperature	
1.3	Insufficient or unsuitable space	
1.4	Untidiness – causing trip / fire hazard	
1.5	Stairs – dark / steep / no handrail	
1.6	Lack of fire escapes / extinguishers / procedures	
1.7	Slip / trip / fall hazards	
1.8	Inadequate ventilation	
1.9	Inhalation of dust	
1.10	Poor surfaces for activities – slips / trips / impact	
1.11	Electrical hazards	

5 HAZARDS ON HILLS AND MOUNTAINS		
5.1	Slips & trips on grass, mud, rock	
5.2	River crossings	
5.3	Remote locations	
5.4	Difficult communication – weather / distance	
5.5	Falling debris	Y
5.6	Extra work imposed by terrain type / angle	
5.7	Lack of shelter	
5.8	Separation of group members	
5.9	Getting lost	
5.10	Falls from height	
5.11	Extremes of weather	Y

2 SPORTING ACTIVITY HAZARDS		
2.1	Uneven playing surface	Y
2.2	Playing surface too hard or soft	Y
2.3	Hard or sharp objects on pitch	Y
2.4	Sliding on Astroturf or similar surface	Y
2.5	Collisions / Conflict with surrounding objects or people	Y
2.6	Impact from sports equipment - Ball or Clubs	Y
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y

6 PEOPLE & ORGANISATIONAL HAZARDS		
6.1	Lack of information, training or instruction	Y
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment and experience	Y
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.11	Lack of cooperation within group	Y
6.12	Differing skill levels within group	Y
6.13	Low level of physical fitness / strength	Y
6.14	Aggression between participants	Y
6.15	Aggression from crowd / public	Y
6.16	Contact between participants increasing risk	

3 HAZARDS ON COASTS & COASTAL WATERS		
3.1	Falls from cliffs, piers, sea walls	
3.2	Struck by falling objects from cliff	
3.3	Slips & falls on slopes / loose surfaces	
3.4	Quick sand & mud	
3.5	Access problems due to steep angle of beach slope	
3.6	Collisions between water users	
3.7	Swept away by wave surges	
3.8	Being washed against rocks / piers	
3.9	Low water temperatures	
3.10	Communication problems from waves / swell / distance	
3.11	Struck by objects in water	
3.12	Stranded by tides	
3.13	Swept away by currents	
3.14	Rip tides	
3.15	Longshore drift	
3.16	Conflicts between beach users	

7 EQUIPMENT AND OTHER HAZARDS		
7.1	Crash handling	
7.2	Transport to and from your activity	Y
7.3	Food poisoning	
7.4	Hazardous substances	
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	Y
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	
7.9	Risk of trapping body / clothing in equipment	
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y

4 HAZARDS ON STILL / MOVING WATER		
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4.1	Getting swept away from equipment or people	
4.2	Collision with rocks in and to sides of rivers	
4.3	Striking / trapping by submerged obstacles	
4.4	Being dragged down by undertow	
4.5	Restricted or impossible access to / from water	
4.6	Access problems – rescue / getting kit into water	
4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	
4.10	Separation from other people	
4.11	Slips / trips on steep banks or uneven surfaces	
4.12	Difficult communications	
4.13	Remote locations	

7.12	Equipment in unsuitable condition	Y
8 OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY		
8.1	Sunsense & Dehydration	Y
8.2	Lightning	Y
8.3	Unattended students	Y
8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

Risk Assessment – IGSA Sport Hockey Trials 2026

Event Name	IGSA Sport Hockey Trials – 15&U/19&U	Number of persons involved	50
Nature of Activity	Field Hockey Trials – skills and games	Frequency of Activity	Annually
Assessed By	Lizzie Ramsay	Date of Event	23/03/2026

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
2.1	Uneven playing surface	Hockey trials will be played on a synthetic surface which is flat. All grounds are to be inspected by the hockey convener or IGSA Sport staff member before trials begin.	3	Contact SOP Hockey Centre if there are any issues with the playing surface.	IGSA Sport staff and hockey convener
2.2	Playing surface too hard or soft	A safety & venue audit will be conducted prior to the commencement of play. Pitch to be watered before trials. Players to wear protective items such as shin guards, mouthguards and appropriate playing shoes during trials.	4		SOP HC, schools, students
2.3	Hard or Sharp Objects on the Pitch	A safety & venue audit will be conducted prior to the commencement of play. Any sharp objects will be removed. Goal posts to be in correct place on field.	4		IGSA Sport staff
2.4	Sliding on Astroturf	Appropriate shoes to be worn. Water based turfs should be watered to minimise injury.	4		SOP HC, schools, students
2.5	Clashing of players and tackles - Various	Ensure games are conducted with capable selectors and qualified umpires.	3		IGSA Sport staff, umpires
2.5 2.6 2.7 2.8	Collisions with surrounding objects Impact from sports equipment, Injury, Personal injury – fracture / sprains / cuts	Players are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct. Goalkeepers must be fully kitted out in safety gear. If serious injury does occur then an ambulance should be called. Venue audit completed prior to play and issues rectified. First Aid Kit and ice available.	3	Injury reports completed to monitor occurrence.	IGSA Sport staff
5.5	Falling debris	Matches will be cancelled in extreme weather conditions if there are any overhanging trees which may cause danger.	5		IGSA Sport staff
5.11	Extremes of weather	IGSA Sport staff will monitor playing conditions in relation to heat, storms and adverse playing conditions. Trials may be postponed, suspended or cancelled if required.	3		IGSA Sport staff
6.1- 6.2	Lack of info, training, preparation, ignorance of rules or procedures	Coaches from schools to ensure that girls are adequately prepared to participate. All IGSA Sport rules and guidelines are distributed to all schools and posted on the IGSA website.	5		IGSA Sport & school staff
6.3	Poor activity delivery or organisation	IGSA Sport staff member to ensure all players are briefed regarding the organisation of the venue and intervene where necessary if	5		IGSA Sport staff, hockey convener

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
		problems occur during matches or at the venue. The best equipment available will be used.			
6.4 6.5 6.6	Ignorance of rules and / or procedures, Unsafe behaviour or attitude	IGSA Sport Code of Conduct is clear as to expectations upon players. All schools are aware of this Code and there are copies on the IGSA website available to the public. IGSA Sport staff or officials to intervene where necessary if behavioural problems occur during trials or at the venue.	5		IGSA Sport staff, officials
6.7	Medical conditions of participants	Individual schools and associations to ensure their players are medically fit.	5		Schools
6.8 6.9 6.11	Poor safety control from group leaders & participants Lack of co-operation	IGSA Sport staff to control and monitor safety through venue audit and enforcing code of conduct at the trials.	4		IGSA Sport staff
6.12 6.13	Differing skill levels Low level of fitness / strength	As only a high level of athlete standard is accepted at trials, this should not be a problem in either age group.	4		School staff
6.14	Aggression between participants	Qualified and/or competent umpires to control the game	4		Umpires
6.15	Aggression from crowd/public	Coaches and spectators are bound by the IGSA Sport Code of Conduct.	3		IGSA Sport staff
7.2	Transport to and from your activity	Responsibility is with the students' school and or parents.	4		School Staff
7.6 7.12	Heavy equipment Equipment in unsuitable condition	All goalposts to be anchored and secured prior to games commencing. Nets should be fitted properly and secured. Venue to ensure all is in place at start of booking.	3		IGSA Sport Staff
7.11	Inadequate protective equipment	Players are advised to wear appropriate equipment as required by the state and national sporting associations. Goalkeepers must be fully kitted out. Mouthguards, shin pads are compulsory.	5		IGSA Sport staff, Umpires
8.1	Sun Sense	All competitors reminded to Slip, Slop, Slap before commencing. All students are expected to bring their own water bottles as outlined in Rules and Guidelines.	5		IGSA Sport staff, students
8.2	Lightning	Players to be advised that at the first sign of local thunder or lightning they are to abandon the trials and return to the dugouts.	5	Apply the 30/30 rule	IGSA Sport staff
8.3	Unattended students	IGSA Sport staff and/or schools are to take responsibility for students without supervision.	3		IGSA Sport staff

HAZPAK ratings follow the WorkCover NSW guidelines to assist businesses to manage risks to health and safety

	Very likely Could happen any time	Likely Could happen sometime	Unlikely Could happen but very rarely	Very unlikely Could happen, but probably never will
Kill or cause permanent disability or ill health	1	1	2	3
Long term illness or serious injury	1	2	3	4
Medical attention or several days off school or work	2	3	4	5
First aid needed	3	4	5	6

General Checklist for IGSA Schools

Level of Competition: Rep Trials

Year level/s: 15&U and 19&U

Organisers to check the following:

General	YES	N/A
Permission has been obtained from parents/guardians for all students participating	Y	
Adequate coaches and staff are attending providing appropriate levels of supervision for competitors and spectators	Y	
Parents have been notified of location of venue, transport arrangements and time involved	Y	
First Aid Kit Available	Y	
Water is available for students at the venue	Y	
Ice is available	Y	
Students have been advised of personal sun protection requirements	Y	
A Risk Assessment has been completed	Y	

Participants & Officials

Risk Warning has been published where it is likely parents and players will read it	Y	
Wet weather & extreme heat guidelines have been given to each player	Y	
Wet weather app and website address have been given to each player	Y	

Equipment / Grounds

Only appropriate grounds are used	Y	
Equipment has been checked	Y	
Venue audit has been carried out by IGSA Sport staff member	Y	
Coach/manager has agreed that venue is safe for play	Y	

Environmental

Weather conditions appropriate for the safe conduct of the event	Y	
Play cancelled if needed	Y	