

IGSA Sport Hockey 2026 – Risk Assessment Hazard Checklist

Sport	Hockey matches	Assessment Date	20/01/2026
Assessed By	Lizzie Ramsay		
Locations	Various	Activities	Year 7 – 12 hockey

1	INDOOR HAZARDS	
1.1	Inappropriate lighting	
1.2	Temperature	
1.3	Insufficient or unsuitable space	
1.4	Untidiness – causing trip / fire hazard	
1.5	Stairs – dark / steep / no handrail	
1.6	Lack of fire escapes / extinguishers / procedures	
1.7	Slip / trip / fall hazards	
1.8	Inadequate ventilation	
1.9	Inhalation of dust	
1.10	Poor surfaces for activities – slips / trips / impact	
1.11	Electrical hazards	

2	SPORTING ACTIVITY HAZARDS	
2.1	Uneven playing surface	Y
2.2	Playing surface too hard or soft	Y
2.3	Hard or sharp objects on pitch	Y
2.4	Sliding on Astroturf or similar surface	Y
2.5	Collisions / Conflict with surrounding objects or people	Y
2.6	Impact from sports equipment - Ball or Clubs	Y
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y

3	HAZARDS ON COASTS & COASTAL WATERS	
3.1	Falls from cliffs, piers, sea walls	
3.2	Struck by falling objects from cliff	
3.3	Slips & falls on slopes / loose surfaces	
3.4	Quick sand & mud	
3.5	Access problems due to steep angle of beach slope	
3.6	Collisions between water users	
3.7	Swept away by wave surges	
3.8	Being washed against rocks / piers	
3.9	Low water temperatures	
3.10	Communication problems from waves / swell / distance	
3.11	Struck by objects in water	
3.12	Stranded by tides	
3.13	Swept away by currents	
3.14	Rip tides	
3.15	Longshore drift	
3.16	Conflicts between beach users	

4	HAZARDS ON STILL / MOVING WATER	
---	---------------------------------	--

5	HAZARDS ON HILLS AND MOUNTAINS	
5.1	Slips & trips on grass, mud, rock	
5.2	River crossings	
5.3	Remote locations	
5.4	Difficult communication – weather / distance	
5.5	Falling debris	Y
5.6	Extra work imposed by terrain type / angle	
5.7	Lack of shelter	
5.8	Separation of group members	
5.9	Getting lost	
5.10	Falls from height	
5.11	Extremes of weather	Y

6	PEOPLE & ORGANISATIONAL HAZARDS	
6.1	Lack of information, training or instruction	Y
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment and experience	Y
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.10	Lack of cooperation within group	Y
6.11	Differing skill levels within group	
6.12	Low level of physical fitness / strength	
6.13	Aggression between participants	Y
6.14	Aggression from crowd / public	Y
6.15	Contact between participants increasing risk	

7	EQUIPMENT AND OTHER HAZARDS	
7.1	Crash handling	
7.2	Transport to and from your activity	Y
7.3	Food poisoning	
7.4	Hazardous substances	
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	Y
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	
7.9	Risk of trapping body / clothing in equipment	
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y

4.1	Getting swept away from equipment or people	
4.2	Collision with rocks in and to sides of rivers	
4.3	Striking / trapping by submerged obstacles	
4.4	Being dragged down by undertow	
4.5	Restricted or impossible access to / from water	
4.6	Access problems – rescue / getting kit into water	
4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	
4.10	Separation from other people	
4.11	Slips / trips on steep banks or uneven surfaces	
4.12	Difficult communications	
4.13	Remote locations	

7.12	Equipment in unsuitable condition	Y
8	OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY	
8.1	Sunsense & Dehydration	Y
8.2	Lightning	Y
8.3	Unattended children	Y
8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

IGSA Sport Risk Assessment – Hockey

Organisation Name	IGSA	Number of persons involved	2,300
Nature of Activity	Hockey Matches	Frequency of Activity	Weekly
Assessed By	Lizzie Ramsay	Date	20/01/2026

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
2.1	Uneven playing surface	Hockey is played on an outdoor surface that is often undulating (grass fields). All grounds are inspected by the venue convener before matches commence.	3		Venue Convener
2.2	Playing surface too hard or soft	A safety & venue audit will be conducted prior to the commencement of play. Councils and schools to water fields regularly. Players to wear protective items such as shin guards, mouthguards and appropriate playing shoes.	4		Schools, Local Councils
2.3	Hard or Sharp Objects on the Pitch	A safety & venue audit will be conducted prior to the commencement of play. Any sharp objects will be removed. Goal posts to be in correct place on field.	4		Venue Convener & Host School
2.4	Sliding on Astroturf	Appropriate shoes to be worn. Water based turfs should be watered to minimise injury.	4	Advise schools of appropriate footwear. Provide information in draw and rules and guidelines.	School Staff, IGSA Sport
2.5 2.6 2.7 2.8	Collisions with surrounding objects, Impact from sports equipment, Contact Sport Injury, Personal injury – fracture / sprains / cuts	Players are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct. Goalkeepers must be fully kitted out in safety gear. If serious injury does occur then an ambulance must be called immediately by the venue convener. Venue audit completed prior to play and issues rectified. First Aid Kit and ice available. Ambulance to be called for any serious injuries.	3	Injury reports completed to monitor occurrence.	Venue Convener
2.5	Clashing of players and tackles - Various	Ensure games are conducted with capable people or qualified umpires.	3	Venue Convener to appoint coaches to umpire game if no umpire is available.	Venue Convener
5.5	Falling debris	There are overhanging trees at some venues. A venue audit is conducted before all matches commences to remove foreign objects. Matches will be cancelled in extreme weather conditions (wind/storms etc).	5		Venue convener
5.11	Extremes of weather	Venue Conveners and staff will monitor playing conditions in relation to heat, storms and adverse playing weather. Matches may be postponed, suspended or cancelled as required.	3		Venue Conveners, Coaches / Managers, School Sport Staff

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
6.1, 6.2	Lack of information, training or instruction, Poor activity planning or preparation	Coaches and staff from individual schools to ensure that girls are adequately prepared to participate. All IGSA Sport Rules and Guidelines are distributed to all schools and posted on the IGSA website for all participants to access prior to the competition.	5		School staff and coaches
6.3 & 7.12	Poor activity delivery or organisation Equipment in unsuitable condition	The convenor will ensure that all players are briefed regarding the organisation of the venue and intervene where necessary if problems occur during matches. The best equipment available will be used.	5		Venue Conveners
6.4, 6.5, 6.6	Ignorance of rules and / or procedures, Unsafe Behaviour or Attitude, Lack of First Aid equipment or experience	IGSA Sport Code of Conduct is clear as to expectations upon players. All schools are aware of this Code and there are copies on the IGSA Website available to the public.	5	Rules published in convener's manual and available on website. Any rule updates or concerns discussed at pre-season grading meeting with Sport/PE staff	IGSA Sport
6.7	Medical conditions of participants	Individual schools and associations to ensure their players are medically fit.	5		Individual schools
6.8, 6.9, 6.10,	Poor Safety control and awareness, Lack of cooperation from people at venue	Players, coaches and spectators are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct.	4	Venue Conveners in service and Heads of Sports meeting. Incident reports completed by Venue Convener if any issues – followed up by IGSA Sport Staff and School staff.	Venue Conveners, IGSA Sport, school staff
6.13	Aggression between participants	Qualified referees to control the game	3		IGSA referees, convener to monitor
6.14	Aggression from crowd/public	Coaches and spectators are bound by the IGSA Sport Code of Conduct. Venue Convener to deal with any spectator issues and report back to IGSA Sport Office.	3		School staff and venue convener
7.2	Transport to and from your activity	Responsibility is with the students' school and or parents.	N/A		School staff
7.6 7.12	Heavy equipment, Equipment in unsuitable condition	All goalposts to be anchored and secured prior to games commencing. Nets should be fitted properly and secured. Venue Convener to complete audit to check.	3		School Staff or Venue hirer

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
7.11	Inadequate protective equipment	Players are advised to wear appropriate equipment as required by the state and national sporting associations. Goalkeepers must be fully kitted out. Mouthguards, shin pads are compulsory.	5		School Staff Umpires
8.1	Sun Sense & Dehydration	All competitors reminded to Slip, Slop, Slap before commencing. All students are expected to bring their own water bottles as outlined in Rules and Guidelines.	5		Venue Convener School Staff
8.2	Lightning	Players to be advised that at the first sign of local thunder or lightning they are to abandon the match and find shelter immediately. Organisers to check the fields to ensure compliance.	5	Apply the 30/30 rule	Venue Convener
8.3	Unattended children	Venue conveners and/or schools are to take responsibility for children without supervision.	3	Venue conveners informed of this at seminar.	IGSA Sport Venue Convener, School Staff

HAZPAK ratings follow the WorkCover NSW guidelines to assist businesses to manage risks to health and safety

	Very likely Could happen any time	Likely Could happen sometime	Unlikely Could happen but very rarely	Very unlikely Could happen, but probably never will
Kill or cause permanent disability or ill health	1	1	2	3
Long term illness or serious injury	1	2	3	4
Medical attention or several days off school or work	2	3	4	5
First aid needed	3	4	5	6

IGSA Sport Hockey Risk Assessment 2026

Date: 20/01/2026

Level of Competition: Interschool, Saturday Graded Sport

Year level/s: 7-12

Organisers to check the following:

General	YES	N/A
Permission has been obtained from parents/guardians for all students participating	Y	
Adequate coaches and staff are attending providing appropriate levels of supervision for competitors and spectators	Y	
Parents have been notified of location of venue, transport arrangements and time involved	Y	
First Aid Kit Available	Y	
Water is available for students at the venue	Y	
Ice is available	Y	
Students have been advised of personal sun protection requirements	Y	
A Risk Assessment has been completed	Y	

Participants & Officials

Risk Warning has been published where it is likely parents and players will read it	Y	
Students are well informed of safety & rules	Y	
Wet weather & extreme heat guidelines have been given to each player	Y	
Venue closure app and website address have been given to each player	Y	

Equipment / Grounds

Only appropriate grounds are used	Y	
Equipment has been checked	Y	
Venue audit has been carried out by Venue Convener	Y	
Coach/manager has agreed that venue is safe for play	Y	

Environmental

Weather conditions appropriate for the safe conduct of the event	Y	
Play cancelled if needed	Y	