

# IGSA Sport Touch 2026 – Risk Assessment Hazard Checklist

<b>Sport</b>	<b>Touch Football matches</b>	<b>Assessment Date</b>	<b>20/01/2026</b>
<b>Assessed By</b>	<b>Lizzie Ramsay</b>		
<b>Locations</b>	<b>Various</b>	<b>Activities</b>	<b>Year 7 – 12 touch football</b>

<b>1</b>	<b>INDOOR HAZARDS</b>	
1.1	Inappropriate lighting	
1.2	Temperature	
1.3	Insufficient or unsuitable space	
1.4	Untidiness – causing trip / fire hazard	
1.5	Stairs – dark / steep / no handrail	
1.6	Lack of fire escapes / extinguishers / procedures	
1.7	Slip / trip / fall hazards	
1.8	Inadequate ventilation	
1.9	Inhalation of dust	
1.10	Poor surfaces for activities – slips / trips / impact	
1.11	Electrical hazards	

<b>2</b>	<b>SPORTING ACTIVITY HAZARDS</b>	
2.1	Uneven playing surface	Y
2.2	Playing surface too hard or soft	Y
2.3	Hard or sharp objects on pitch	Y
2.4	Sliding on Astroturf or similar surface	Y
2.5	Collisions / Conflict with surrounding objects or people	Y
2.6	Impact from sports equipment - Ball or Clubs	Y
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y

<b>3</b>	<b>HAZARDS ON COASTS &amp; COASTAL WATERS</b>	
3.1	Falls from cliffs, piers, sea walls	
3.2	Struck by falling objects from cliff	
3.3	Slips & falls on slopes / loose surfaces	
3.4	Quick sand & mud	
3.5	Access problems due to steep angle of beach slope	
3.6	Collisions between water users	
3.7	Swept away by wave surges	
3.8	Being washed against rocks / piers	
3.9	Low water temperatures	
3.10	Communication problems from waves / swell / distance	
3.11	Struck by objects in water	
3.12	Stranded by tides	
3.13	Swept away by currents	
3.14	Rip tides	
3.15	Longshore drift	
3.16	Conflicts between beach users	

<b>4</b>	<b>HAZARDS ON STILL / MOVING WATER</b>	
4.1	Getting swept away from equipment or people	

<b>5</b>	<b>HAZARDS ON HILLS AND MOUNTAINS</b>	
5.1	Slips & trips on grass, mud, rock	
5.2	River crossings	
5.3	Remote locations	
5.4	Difficult communication – weather / distance	
5.5	Falling debris	Y
5.6	Extra work imposed by terrain type / angle	
5.7	Lack of shelter	Y
5.8	Separation of group members	
5.9	Getting lost	
5.10	Falls from height	
5.11	Extremes of weather	Y

<b>6</b>	<b>PEOPLE &amp; ORGANISATIONAL HAZARDS</b>	
6.1	Lack of information, training or instruction	Y
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment and experience	Y
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.10	Lack of cooperation within group	Y
6.11	Differing skill levels within group	Y
6.12	Low level of physical fitness / strength	Y
6.13	Aggression between participants	Y
6.14	Aggression from crowd / public	Y
6.15	Contact between participants increasing risk	

<b>7</b>	<b>EQUIPMENT AND OTHER HAZARDS</b>	
7.1	Crash handling	
7.2	Transport to and from your activity	Y
7.3	Food poisoning	
7.4	Hazardous substances	
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	
7.9	Risk of trapping body / clothing in equipment	
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y
7.12	Equipment in unsuitable condition	

4.2	Collision with rocks in and to sides of rivers	
4.3	Striking / trapping by submerged obstacles	
4.4	Being dragged down by undertow	
4.5	Restricted or impossible access to / from water	
4.6	Access problems – rescue / getting kit into water	
4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	
4.10	Separation from other people	
4.11	Slips / trips on steep banks or uneven surfaces	
4.12	Difficult communications	
4.13	Remote locations	

8	<b>OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY</b>	
8.1	Sunsense & Dehydration	Y
8.2	Lightning	Y
8.3	Unattended children	Y
8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

## IGSA Sport Risk Assessment – Touch

Club/Society Name	IGSA Sport Touch Football	Number of persons involved	3,800
Nature of Activity	Touch Matches	Frequency of Activity	Weekly
Assessed By	Lizzie Ramsay	Date	20/01/2026

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
2.1	Uneven playing surface	Touch is played on an outdoor surface that is often undulating (grass fields). All grounds are inspected by the venue convener before matches commence. Players advised to wear appropriate playing shoes.	3		Venue Convener
2.2	Playing surface too hard or soft	A safety & venue audit will be conducted prior to the commencement of play. Councils and schools to water fields regularly. Players to wear appropriate playing shoes.	4		Schools, Local Councils
2.3	Hard or Sharp Objects on the Pitch	A safety & venue audit will be conducted prior to the commencement of play. Any sharp objects will be removed.	4		Venue Convener & Host School
2.4	Sliding on Astroturf	Appropriate shoes to be worn.	4	Advise schools of appropriate footwear. Provide information in draw and rules and guidelines.	School Staff IGSA Sport
2.5 2.6 2.7 2.8	Collisions with surrounding objects Impact from sports equipment, Injury Personal injury – fracture / sprains / cuts	Players are required to conduct themselves in accordance with the rules of the game and IGSA Sport Code of Conduct. If serious injury does occur then an ambulance must be called immediately by the venue convener. Venue Convener to conduct a safety and venue audit prior to play, rectify issues and continue to monitor throughout competition. First Aid Kit and ice available. Ambulance to be called for any serious injuries.	3	Injury reports completed to monitor occurrence.	Venue Convener
2.5, 2.7	Clashing of players and touches, Contact Sport Injury	Ensure games are conducted with capable people or qualified referees.	3	Venue Convener to appoint coaches to referee game if no referee is available.	Venue Convener
5.5	Falling debris	There are a few trees at some venues. Matches may be cancelled in extreme weather conditions if danger is present.	5		Venue Convener

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
5.7	<b>Lack of Shelter</b>	Each venue is different and may or may not offer some form of shelter. Players are advised to wear sunscreen and protective clothing.	5		IGSA Sport Venue Convener and Individual School Staff
5.11	<b>Extremes of weather, esp. heat</b>	Venue Conveners and staff will monitor playing conditions in relation to heat, storms and adverse playing weather. Matches may be postponed, suspended or cancelled as required. Venue Conveners to assess risk and implement more breaks in play for hydration. They may cancel games if considered too hot. Consult with IGSA staff, referees and coaches to cancel.	3	Use SMA heat guidelines to assess risk	Venue Conveners, Coaches / Managers School Sport Staff
6.1, 6.2	<b>Lack of information, training or instruction, poor activity planning or preparation</b>	Coaches from schools to ensure that girls are adequately prepared to participate. All IGSA Sport Rules and Guidelines are distributed to all schools and posted on the IGSA Sport website for all participants to access prior to the competition. Venue Conveners Online Seminar conducted every term.	5	Venue Conveners Manual provided to all Conveners includes rules, risk warnings, code of conduct, venue audits, and adverse weather information.	IGSA Sport
6.3	<b>Poor activity delivery or organisation</b>	The convenor will ensure that all players are briefed regarding the organisation of the venue and intervene where necessary if problems occur during matches or at the venue. The best equipment available will be used.	5		Venue Convener
6.4, 6.5	<b>Ignorance of rules and / or procedures, Unsafe behaviour or attitude</b>	IGSA Code of Conduct is clear as to expectations upon players. All schools are aware of this Code and there are copies on the IGSA Sport Website available to the public. The Venue Convener to intervene where necessary if behavioural problems occur during matches or at the venue. Umpires to control the matches.	5	Rules reviewed at pre season grading meetings with Sport Staff	IGSA Sport
6.6	<b>Lack of appropriate first aid equipment and experience</b>	The convener is to bring a first aid kit to the venue and persons present should have first aid qualifications.	Low		IGSA Sport staff and convener
6.7	<b>Medical conditions of participants</b>	Individual schools and associations to ensure their players are medically fit.	5		School Sport staff

Hazard Ref.	Potential Effect	Existing Controls in Place	HAZPAK	Further Controls Required?	Who By
6.8 6.9 6.10	<b>Poor safety control from group leaders &amp; participants</b> <b>Lack of co-operation</b>	IGSA Sport appoint Venue Conveners to control and monitor safety through venue audits and enforcing code of conduct at the venue.	4	Venue conveners to complete incident reports. To be followed up by IGSA Sport. Disciplinary action imposed by Schools.	Venue Convener IGSA Sport School Staff
6.11 6.12	<b>Differing skill levels</b> <b>Low level of fitness / strength</b>	IGSA Sport creates graded competition, Schools grade players and teams. Schools to prepare players for level of competition.	4		IGSA Sport School Staff
6.13	<b>Aggression between participants</b>	Qualified and/or competent referees to control the game.	4	Coaches to control game if Referees fail to attend	Referees / Coaches
6.14	<b>Aggression from crowd/public</b>	Coaches and spectators are bound by the IGSA Code of Conduct. Venue Convener to deal with any spectator issues and report back to IGSA Office.	3	Venue conveners to complete incident reports. To be followed up by IGSA Sport. Disciplinary action imposed by Schools.	Venue Convener School Staff
7.2	<b>Transport to and from your activity</b>	Responsibility is with the students' school and or parents.	N/A		School staff
7.11	<b>Inadequate protective equipment</b>	Players are advised to wear appropriate equipment as required by the state and national sporting associations.	5		School Staff Umpires
8.1	<b>Sun Sense &amp; Dehydration</b>	All competitors reminded to Slip, Slop, Slap before commencing. All students are expected to bring their own water bottles as outlined in Rules and Guidelines.	5		Venue Convener School Staff
8.2	<b>Lightning</b>	Players to be advised that at the first sign of local thunder or lightening they are to abandon the round and take appropriate cover immediately.	5	Apply the 30/30 rule	Venue Convener
8.3	<b>Unattended children</b>	Venue conveners and/or schools are to take responsibility for children without supervision.	3	Venue conveners informed of this in online seminar.	IGSA Venue Convener School Staff

HAZPAK ratings follow the WorkCover NSW guidelines to assist businesses to manage risks to health and safety

	<b>Very likely</b> Could happen any time	<b>Likely</b> Could happen sometime	<b>Unlikely</b> Could happen but very rarely	<b>Very unlikely</b> Could happen, but probably never will
Kill or cause permanent disability or ill health	1	1	2	3
Long term illness or serious injury	1	2	3	4
Medical attention or several days off school or work	2	3	4	5
First aid needed	3	4	5	6

## IGSA Sport Touch Risk Assessment 2026

**Date:** 20/01/2026

**Level of Competition:** Interschool, Saturday Graded Sport

**Year level/s:** 7-12

Organisers to check the following:

<b>General</b>	<b>YES</b>	<b>N/A</b>
Permission has been obtained from parents/guardians for all students participating	Y	
Adequate coaches and staff are attending providing appropriate levels of supervision for competitors and spectators	Y	
Parents have been notified of location of venue, transport arrangements and time involved	Y	
First Aid Kit Available	Y	
Water is available for students at the venue	Y	
Ice is available	Y	
Students have been advised of personal sun protection requirements	Y	
A Risk Assessment has been completed	Y	

### Participants & Officials

Risk Warning has been published where it is likely parents and players will read it	Y	
Students are well informed of safety & rules	Y	
Wet weather & extreme heat guidelines have been given to each player	Y	
Venue closure app and website address have been given to each player	Y	

### Equipment / Grounds

Only appropriate grounds are used	Y	
Equipment has been checked	Y	
Venue audit has been carried out by Venue Convener	Y	
Coach/manager has agreed that venue is safe for play	Y	

### Environmental

Weather conditions appropriate for the safe conduct of the event	Y	
Play cancelled if needed	Y	