

IGSA Water Polo 2026 - Risk Assessment Hazard Checklist

Type Of Activity	Water Polo Trials	Assessment Date	19/01/2026
Assessed By	Lizzei Ramsay	Approved By	Lizzie Ramsay
Locations	St Catherine's	Activity	Water Polo Trials
1 INDOOR HAZARDS			5 HAZARDS ON HILLS AND MOUNTAINS
1.1	Inappropriate lighting	Y	5.1 Slips & trips on grass, mud, rock
1.2	Temperature	Y	5.2 River crossings
1.3	Insufficient or unsuitable space		5.3 Remote locations
1.4	Untidiness - causing trip / fire hazard	Y	5.4 Difficult communication - weather / distance
1.5	Stairs - dark / steep / no handrail		5.5 Falling debris
1.6	Lack of fire escapes / extinguishers / procedures		5.6 Extra work imposed by terrain type / angle
1.7	Slip / trip / fall hazards	Y	5.7 Lack of shelter
1.8	Inadequate ventilation		5.8 Separation of group members
1.9	Inhalation of dust		5.9 Getting lost
1.10	Poor surfaces for activities - slips / trips / impact	Y	5.10 Falls from height
1.11	Electrical hazards		5.11 Extremes of weather
2 SPORTING ACTIVITY HAZARDS			6 PEOPLE & ORGANISATIONAL HAZARDS
2.1	Uneven playing surface		6.1 Lack of information, training or instruction
2.2	Playing surface too hard or soft		6.2 Poor activity planning or preparation
2.3	Hard or sharp objects on pitch		6.3 Poor activity delivery or organisation
2.4	Sliding on Astroturf or similar surface		6.4 Ignorance of rules and / or procedures
2.5	Collisions / Conflict with surrounding objects or people	Y	6.5 Unsafe behaviour or attitude
2.6	Impact from sports equipment - Ball or Goal	Y	6.6 Lack of appropriate first aid equipment and experience
2.7	Contact sport injury	Y	6.7 Medical conditions of participants
2.8	Personal injury - fracture / sprains / cuts	Y	6.8 Poor safety control from group leaders
			6.9 Poor safety awareness from participants
			6.10 Lack of cooperation within group
			6.11 Differing skill levels within group
			6.12 Low level of physical fitness / strength
3 HAZARDS ON COASTS & COASTAL WATERS			6.13 Aggression between participants
3.1	Falls from cliffs, piers, sea walls		6.14 Aggression from crowd / public
3.2	Struck by falling objects from cliff		6.15 Contact between participants increasing risk
3.3	Slips & falls on slopes / loose surfaces		
3.4	Quick sand & mud		
3.5	Access problems due to steep angle of beach slope		
3.6	Collisions between water users		
3.7	Swept away by wave surges		
3.8	Being washed against rocks / piers		
3.9	Low water temperatures		
3.10	Communication problems from waves / swell / distance		
3.11	Struck by objects in water		
3.12	Stranded by tides		
3.13	Swept away by currents		
3.14	Rip tides		
3.15	Longshore drift		
3.16	Conflicts between beach users		
4 HAZARDS ON STILL / MOVING WATER			7 EQUIPMENT AND OTHER HAZARDS
4.1	Getting swept away from equipment or people		7.1 Crash handling
4.2	Collision with rocks in and to sides of rivers		7.2 Transport to and from your activity
4.3	Striking / trapping by submerged obstacles		7.3 Food poisoning
4.4	Being dragged down by undertow		7.4 Hazardous substances
4.5	Restricted or impossible access to / from water		7.5 Equipment with moving / hot parts
4.6	Access problems - rescue / getting kit into water		7.6 Heavy equipment
			7.7 Electrical hazards from equipment
			7.8 Noise from equipment
			7.9 Risk of trapping body / clothing in equipment
			7.10 Inadequate environment for equipment operation
			7.11 Inadequate protective equipment
			7.12 Equipment in unsuitable condition
8 OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY			8.1 Sunsense & Dehydration
			8.2 Lightning
			8.3 Unattended Students

4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	Y
4.10	Separation from other people	
4.11	Slips / trips on steep banks or uneven surfaces	
4.12	Difficult communications	
4.13	Remote locations	

8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

Risk Assessment – IGSA Water Polo trials

Event Name	IGSA Water Polo Trials	Number of persons involved	30+
Nature of Activity	Water	Frequency of Activity	Annually

Assessed By	Lizzie Ramsay	Date of Event	18/02/2026
		Assessment Date	19/01/2026

Hazard Ref.	Potential Effect	Existing Controls in Place	Score - Low/ Medium/ High Risk	Further Controls Required?	Who By
1.1, 1.2	Inappropriate Lighting, Temperature	If either the lighting or temperature is not appropriate, STC staff to be informed to turn on more lights and to adjust the temperature of the pool area.	6		IGSA Staff, STC staff
1.4 1.7 1.10	Trip during practice or games on slippery surrounding surface. Possible problems with tiled surface on bottom of pool, slippery or uneven	No running around pool area, all spectators should be seated when possible away from pool area. Players should be encouraged to stay off the bottom of the pool and take care in the shallow end.	5	Report any concerns to the pool management or school staff	STC staff
2.5, 2.6, 2.7, 2.8	Collisions with surrounding objects or people, Impact from sports equipment – ball, goal	If serious injury does occur then an ambulance will be called. First aid kit and ice will be available.	3	Code of Conduct and Risk warning available at venue for all to read.	IGSA staff
6.1- 6.2	Lack of info, training, planning, preparation	Schools to ensure that girls are adequately prepared to participate.	5		IGSA and school staff
6.3	Poor activity delivery or organisation	The convenor will ensure that all players are briefed regarding the organisation of the venue and intervene where necessary if problems occur during matches or at the venue. The best equipment available will be used.	5		IGSA staff and convener
6.4 6.5	Ignorance of rules and / or procedures, Unsafe behaviour or attitude	IGSA Sport Code of Conduct is clear as to expectations upon players.	5	If any behaviour does arise, it will be dealt with swiftly by the school sport staff present	IGSA staff, school sport staff
6.7	Medical conditions of participants	Individual schools and associations to ensure their players are medically fit.	5		School Sport staff
6.8, 6.9, 6.10	Poor safety control from group leaders & participants Lack of cooperation	IGSA Sport staff to control and monitor safety through enforcing code of conduct at the trials.	4		IGSA Sport staff
6.11	Differing skill levels	Only capable players should be nominated	4		School Staff

6.12	Low level of fitness / strength				
6.13	Aggression between participants	Qualified and/or competent referees to control the game.	4		Referees
6.14	Aggression from crowd/public	Coaches and spectators are bound by the IGSA Sport Code of Conduct. IGSA Sport or school staff to deal with any spectator issues that may arise.	3		IGSA
7.2	Transport to and from your activity	Responsibility is with the students' school and or parents.	N/A		School staff
8.3	Unattended Students	IGSA Sport staff and/or schools are to take responsibility for students without supervision.	3		IGSAsstaff, schools staff

HAZPAK ratings follow the WorkCover NSW guidelines to assist businesses to manage risks to health and safety

	Very likely Could happen any time	Likely Could happen sometime	Unlikely Could happen but very rarely	Very unlikely Could happen, but probably never will
Kill or cause permanent disability or ill health	1	1	2	3
Long term illness or serious injury	1	2	3	4
Medical attention or several days off school or work	2	3	4	5
First aid needed	3	4	5	6

IGSA Water Polo Risk Assessment 2026

Date: 18/2/2026

Level of Competition: Interschool Water Polo Trials

Year level/s: 12-18yrs

Organisers to check the following:

General	YES	N/A
Permission has been obtained from parents/guardians for all students participating	Y	
Adequate coaches and staff are attending providing appropriate levels of supervision for competitors and spectators.	Y	
Parents have been notified of location of venue, transport arrangements and time involved	Y	
First Aid Kit Available	Y	
Water is available for students at the venue	Y	
Ice is available	Y	
Students have been advised of personal sun protection requirements	Y	
A Risk Assessment has been completed	Y	

Participants & Officials

Students are well informed of safety & rules	Y	
--	---	--

Equipment / Grounds

Only appropriate grounds are used	Y	
Equipment has been checked	Y	

Environmental

Weather conditions appropriate for the safe conduct of the event	Y	
--	---	--